3. The Banstead Community Centre list of activities

An alphabetical list of all the activities currently available at the Banstead Community Centre. Please [**see the timetable to check days and times**](https://www.reigate-banstead.gov.uk/info/20185/community_centres/59/the_banstead_centre/2) for each activity, as well as any charges.

To see the time table and prices copy highlight the web link above put your cursor on it - press Cntrl +right click mouse together

Arts and leisure

* **Art group** - Be creative and join in a freestle art session. No need to book. £2 per session.
* **Art group watercolour tuition**- Enjoy and learn new skills with our watercolour tutor. Please call to book. £5 per session.
* **Bingo**- Join us for a fun game of bingo. No need to book. 50p per session.
* **Book club** - A very social, friendly informal chat about the book read. A new novel once a month. No need to book. £5 per session.
* **Bridge**- Come along and join in a friendly game. All levels welcome and no need to book. £2 per session.
* **Come and sing** - Come along and join in a friendly singing session. All levels welcome and no need to book. 50p per session.
* **French conversation**- Want to brush up on your French? A friendly chat in French over a cup of tea. No need to book. £2 per session.
* **Handicrafts**- Enjoy our friendly art group. No need to book. 50p per session.
* **Quiz**- Test your knowledge with our quiz. No need to book. £2 per session.
* **Rummikubs**- Join us for a fun game of Rummikubs. No need to book. Free.

Fitness and exercise

* **Chair or standing pilates** - Pilates concentrates on posture, balance and flexibility. It helps with general fitness and overall wellbeing. No need to book. £4 per session.
* **Chair yoga** - Increase your strength and flexibility with this relaxing exercise class. No need to book. £4 per session.
* **Dance-2-b-fit**- Come along and join in a dancing session. All levels welcome and no need to book. £4 per session.
* **Dancing memories** - A fun way to get or stay fit. Exercise or dance to many of the classics. Beginners welcome and no need to book. £4 per session.
* **Flexacise - keep fit**- Standing or seated fun exercise class. No need to book. £4 per session.
* **Line dancing**- Come along and join in a dancing session. All levels welcome and no need to book. £4 per session.
* **Seated or standing tap** - Come along and join in a dancing session. All levels welcome and no need to book. £4 per session.
* **Short mat bowls** - Indoor bowls for all levels. No need to book. £2 per session.
* **Table tennis** - Come along and join in a friendly game of table tennis. All levels welcome and no need to book. £2 per session.
* **Tai chi**- In these classes you will learn traditional tai chi exercises to help with your health. No need to book. £4 per session.
* **Baby Ballet** - Structured yet fun packed babyballet dance lessons are an ideal activity for your pre-school little ones. Book sessions on [**babyballet.co.uk**](https://babyballet.co.uk/)
* **Rise** - Seated sports, Music and fun. All in one. No need to book. £4 per session.